

SMMCHRI - Day wise clinical posting  
 Skills training - Every Friday  
 Every day in clinical posting Student - doctor method of learning is followed

DAY week 1	8:30-11:30
MONDAY	CLINICAL POSTING - General medicine (Introduction to general medicine)
TUESDAY	CLINICAL POSTING - General medicine (Introduction to Allied Subjects)
WEDNESDAY	CLINICAL POSTING - General medicine (Principles of general medicine)
THURSDAY	CLINICAL POSTING - General medicine (Principles of general medicine)
FRIDAY	CLINICAL POSTING - General medicine (Standard precautions)

DAY week 2	08:30 11:30
MONDAY	CLINICAL POSTING - General medicine (Approach to medical patient)
TUESDAY	CLINICAL POSTING - General medicine (Approach to medical patient)
WEDNESDAY	CLINICAL POSTING - General medicine (History taking (General))
THURSDAY	CLINICAL POSTING - General medicine (General examination)
FRIDAY	CLINICAL POSTING - General medicine (History taking (CVS))

DAY WEEK 3	08:30 11:30
MONDAY	CLINICAL POSTING - General medicine (Systemic examination CVS)
TUESDAY	CLINICAL POSTING - General medicine (History taking (RS))
WEDNESDAY	CLINICAL POSTING - General medicine (Systemic Examination (RS))
THURSDAY	CLINICAL POSTING - General medicine (History taking (P\A))
FRIDAY	CLINICAL POSTING - General medicine (Systemic Examination (P\A))

DAY WEEK4	08:30 11:30
MONDAY	CLINICAL POSTING - General medicine (Examination of Central Nervous System-1)

TUESDAY	CLINICAL POSTING - General medicine (Examination of Central Nervous System-2)
WEDNESDAY	CLINICAL POSTING - General medicine (Approach to a case of Cerebrovascular Accident)
THURSDAY	CLINICAL POSTING - General medicine (Disorders of Speech)
FRIDAY	CLINICAL POSTING - General medicine (Movement disorders)

DAY WEEK 5	08:30 11:30
MONDAY	CLINICAL POSTING - General Surgery (Introduction to General Surgery)
TUESDAY	CLINICAL POSTING - General Surgery (Introduction to Surgical specialties)
WEDNESDAY	CLINICAL POSTING - General Surgery (Principles of surgery)
THURSDAY	CLINICAL POSTING - General Surgery (Principles of asepsis, sterilization)
FRIDAY	CLINICAL POSTING - General Surgery (Principles of Anesthesia)

DAY WEEK 6	08:30 11:30
MONDAY	CLINICAL POSTING - General Surgery (Haemostasias)
TUESDAY	CLINICAL POSTING - General Surgery (Common surgical conditions & procedures)
WEDNESDAY	CLINICAL POSTING - General Surgery (Approach to surgical patient)
THURSDAY	CLINICAL POSTING - General Surgery (Management timeline)
FRIDAY	CLINICAL POSTING - General Surgery (Surgical history taking)

DAY WEEK 7	08:30 11:30
MONDAY	CLINICAL POSTING - General Surgery (Surgical history taking Major)
TUESDAY	CLINICAL POSTING - General Surgery (Surgical history taking minor)
WEDNESDAY	CLINICAL POSTING - General Surgery (Surgical General examination)
THURSDAY	CLINICAL POSTING - General Surgery (Examination of ulcer)
FRIDAY	CLINICAL POSTING - General Surgery (Diff diagnosis - ulcer)

DAY WEEK 8	08:30 11:30
MONDAY	CLINICAL POSTING - General Surgery (Examination of swelling)

TUESDAY	CLINICAL POSTING - General Surgery (Diff diagnosis - swellings)
WEDNESDAY	CLINICAL POSTING - General Surgery (Introduction to hernias)
THURSDAY	CLINICAL POSTING - General Surgery (Breast examination)
FRIDAY	CLINICAL POSTING - General Surgery (Introduction to surgical procedures)

DAY WEEK 9	08:30 11:30
MONDAY	CLINICAL POSTING (Intro - OG)
TUESDAY	CLINICAL POSTING (Obstetrics history taking)
WEDNESDAY	CLINICAL POSTING (Obstetric examination)
THURSDAY	CLINICAL POSTING (Screening of high-risk factors)
FRIDAY	CLINICAL POSTING (Antenatal care)

DAY WEEK 10	08:30 11:30
MONDAY	CLINICAL POSTING (Nutritional assessment, diet)
TUESDAY	CLINICAL POSTING (Standard precautions)
WEDNESDAY	CLINICAL POSTING (Gynaec history)
THURSDAY	CLINICAL POSTING (Gynaec examination)
FRIDAY	CLINICAL POSTING (Anemia in pregnancy)

DAY WEEK 11	08:30 11:30
MONDAY	CLINICAL POSTING (PIH)
TUESDAY	CLINICAL POSTING (GDM)
WEDNESDAY	CLINICAL POSTING (Stages of labor)
THURSDAY	CLINICAL POSTING (Fibroid)
FRIDAY	CLINICAL POSTING (AUB)

DAY WEEK 12	08:30 11:30
MONDAY	CLINICAL POSTING (APH history)
TUESDAY	CLINICAL POSTING (FP intro)
WEDNESDAY	CLINICAL POSTING (Contraception)

THURSDAY	CLINICAL POSTING (Antenatal investigations)
FRIDAY	CLINICAL POSTING (Prolapse)

DAY WEEK 13	8:30-11:30
MONDAY	Community medicine POSTING (Introduction)
TUESDAY	Community medicine POSTING (vectors in the causation of diseases and vector borne disease control program)
WEDNESDAY	Community medicine POSTING (Identifying features and life cycle of, public health importance and control measures of mosquito )
THURSDAY	Community medicine POSTING ((Identifying features and life cycle of, public health importance and control measures of parasites)
FRIDAY	Community medicine POSTING (Identifying features and life cycle of, public health importance and control measures of Sandfly, fleas, housefly, cyclops, tick mite)

DAY WEEK 14	8:30-11:30
MONDAY	Community medicine POSTING (Introduction to statistics and statistical methods and statistical exercises)
TUESDAY	Community medicine POSTING (Survey methods, types, data compilation, and presentation statistical exercises)
WEDNESDAY	Community medicine POSTING (Community diagnosis – Visit to RHTC)
THURSDAY	Community medicine POSTING (Community diagnosis- Family survey – house visit – standards of living, housing and its effects on health socio cultural factors, family types, socio economic status, community behavior, and community relationship, nutritional assessment by appropriate methods)
FRIDAY	Community medicine POSTING Seminar - I

DAY WEEK 15	8:30-11:30
MONDAY	Community medicine POSTING ( Visit to sewage treatment plant – the concept of solid waste, human excreta and sewage disposal)
TUESDAY	Community medicine POSTING ( Visit to sewage treatment plant – the concept of solid waste, human excreta and sewage disposal)
WEDNESDAY	Community medicine POSTING (Visit to water treatment plant – concepts of safe and wholesome water, sanitary sources of water, water purification process and water quality standards)
THURSDAY	Community medicine POSTING (Visit to water treatment plant – concepts of safe and wholesome water, sanitary sources of water, water purification process and water quality standards)
FRIDAY	Community medicine POSTING (Seminar II)

DAY WEEK 16	8:30-11:30
MONDAY	Community medicine POSTING (Community diagnosis – visit to RHTC)

TUESDAY	Community medicine POSTING ( Community diagnosis- Family survey – house vist – standards of living, housing and its effects on health socio cultural factors, family types, socio economic status, community behavior, and community relationship, nutritional assessment by appropriate method)
WEDNESDAY	Community medicine POSTING (Family survey – Presentation)
THURSDAY	Community medicine POSTING (Seminar III)
FRIDAY	Community medicine POSTING (Block posting – IA Practicals - I)

DAY WEEK 17	8:30-11:30
MONDAY	Dermatology POSTING (Introduction to Dermatology and Venereology)
TUESDAY	Dermatology POSTING (History taking in General Dermatology)
WEDNESDAY	Dermatology POSTING (History taking in Venereology)
THURSDAY	Dermatology POSTING (Inspection and palpation of skin lesion)
FRIDAY	Dermatology POSTING (Skills: History taking in Dermatology pateint)

DAY WEEK 18	8:30-11:30
MONDAY	Dermatology POSTING (History taking in Leprosy)
TUESDAY	Dermatology POSTING (Leprosy- Clinical examination)
WEDNESDAY	Dermatology POSTING (Basic bedside investigations in Dermatology and Venereology)
THURSDAY	Dermatology POSTING (Basic bedside investigations in Leprosy)
FRIDAY	Dermatology POSTING (1.History taking in Leprosy 2.Peripheral nerves examination)

DAY WEEK 19	8:30-11:30
MONDAY	Psychiatry POSTING: Introduction to psychiatry
TUESDAY	Psychiatry POSTING: General psychology
WEDNESDAY	Psychiatry POSTING: Abnormal psychology
THURSDAY	Psychiatry POSTING: Neurobiology: psychosocial issues
FRIDAY	Psychiatry POSTING: neurosis

DAY – WEEK 20	8:30-11:30
MONDAY	Psychiatry POSTING: psychosis
TUESDAY	Psychiatry POSTING: Pharmacology management

WEDNESDAY	Psychiatry POSTING: Nonpharmacological management
THURSDAY	Psychiatry POSTING: Sexual disorders
FRIDAY	Psychiatry POSTING: Legal psychiatry

DAY WEEK 21	8:30-11:30
MONDAY	ENT POSTING: Intro & Recent developments
TUESDAY	ENT POSTING: Use of head lamp head mirror
WEDNESDAY	History taking and documentation for ear case
THURSDAY	ENT POSTING: Brief anatomy - ear
FRIDAY	ENT POSTING: Appropriate use of head lamp , tuning fork test

DAY – WEEK 22	8:30-11:30
MONDAY	ENT POSTING: History taking - ear
TUESDAY	ENT POSTING: Examination of ear
WEDNESDAY	ENT POSTING: Brief anatomy - nose
THURSDAY	ENT POSTING: History taking - nose
FRIDAY	ENT POSTING: Examination of nose

DAY WEEK 23	8:30-11:30
MONDAY	OPHTHAL INTRODUCTION TO OPHTHALMOLOGY
TUESDAY	Ophthal POSTING(anatomy -eye)
WEDNESDAY	OPHTHAL POSTING(physiology-eye)
THURSDAY	CLINICAL POSTING(history taking)
FRIDAY	CLINICALS VISION TESTING –SKILL

DAY WEEK 24	8:30-11:30
MONDAY	OPHTHAL POSTING(history taking)
TUESDAY	OPHTHAL POSTING(refraction-intro)

	OPHTHAL POSTING(antr segment- examina)
WEDNESDAY	
THURSDAY	OPHTHAL POSTING(pr.segment exam)
FRIDAY	CLINICAL POSTING(vision testing)

DAY WEEK 25	8:30-11:30
MONDAY	RD POSTING(INTRO)
TUESDAY	RD POSTING (INTRO – radio physics)
WEDNESDAY	RD POSTING(Xray -BASICS)
THURSDAY	RADIOLOGY posting - X-ray utility
FRIDAY	RADIOLOGY posting - USG basics

DAY WEEK 26	8:30-11:30
MONDAY	RADIOLOGY posting - USG mechanics
TUESDAY	RADIOLOGY posting - CT basics
WEDNESDAY	RADIOLOGY posting - Clinical correlation
THURSDAY	RADIOLOGY posting - Reporting
FRIDAY	RADIOLOGY posting - Recent advances, radiation hazard

DAY WEEK 27	8:30-11:30
MONDAY	Introduction to Paediatrics and History taking
TUESDAY	Normal growth and development
WEDNESDAY	Nutrition and Diet calculation, Immunization schedule
THURSDAY	History taking and examination of New born
FRIDAY	PEDIA -skills(anthropometry measurements)

DAY WEEK 28	8:30-11:30
MONDAY	History taking and Examination of Cardio vascular System
TUESDAY	History taking and examination of Respiratory system
WEDNESDAY	History taking and examination of Abdomen
THURSDAY	History taking and examination of CNS

FRIDAY	Measurement of JVP, Palpation of liver and spleen, Eliciting DTR, plantar reflex
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DAY WEEK 29	8:30-11:30
MONDAY	ORTHO PAEDICS introduction ,History taking
TUESDAY	Ortho History taking
WEDNESDAY	General Examination, Local Exam
THURSDAY	Local Examination - Inspection and Palpation - Lower limb
FRIDAY	History Taking in a Standardised patient

DAY WEEK 30	8:30-11:30
MONDAY	Local Examination- Range of Movements, Measurements (Shoulder, Elbow, Wrist)
TUESDAY	Local Examination- Range of Movements, Measurements (Hip, Knee, Ankle)
WEDNESDAY	ORTHO LOCAL EXAMINATION - INSPECTION AND PALPATION- LOWER LIMB
THURSDAY	Local Examination - Special Test - Lower Limb
FRIDAY	Skill - Use of Goniometer in a Standardised patient for measuring Range of movements

DAY WEEK 31	8:30-11:30
MONDAY	Ophthal SURGICAL MANAGEMENT – TYPES OF CATARACT SURGERY
TUESDAY	INVESTIGATIONS PRIOR TO CATARACT SURGERY - PRE OP EVALUATION OF CATARACT
WEDNESDAY	ANAESTHESIA FOR CATARACT SURGERY
THURSDAY	SURGICAL PROCEDURES FOR- CATARACT



FRIDAY	DEMONSTRATION OF POSTERIOR SEGMENT EXAMINATION
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DAY WEEK 32	8:30-11:30
MONDAY	COMPLICATIONS OF CATARACT SURGERY : PRE OPERATIVE , INTRA OPERATIVE
TUESDAY	CATARACT SURGERY : • EARLY • LATE • DELAYED
WEDNESDAY	PREVENTION AND MANAGEMENT OF COMPLICATION
THURSDAY	FOLLOW UP POST OPERATIVE CATARACT CASE
FRIDAY	EVALUATION OF PATENCY NASOLACRIMAL DUCT & IOP MEASUREMENT

DAY WEEK 33	8:30-11:30
MONDAY	ENT-Demonstration of posterior rhinoscopic examination and anatomical structures seen
TUESDAY	CLINICALS -Skill - Demonstrate the correct use of headlamp and nasal speculum in examination of nose
WEDNESDAY	CLINICALS- Deviated nasal septum- clinical features, investigations
THURSDAY	CLINICALS- Sinonasal polyposis- clinical features
FRIDAY	CLINICALS- Sinonasal polyposis- investigations

DAY WEEK 34	08:30 11:30
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MONDAY	ENT CLINICALS - Brief anatomy of oral cavity and oropharynx, nasopharynx
TUESDAY	CLINICALS- history taking and documentation of throat case, including Examination of oral
WEDNESDAY	CLINICALS- Demonstration of neck nodes examination and position of larynx
THURSDAY	CLINICALS- Skill - Demonstrate the correct technique of examining the throat using tongue depressor
FRIDAY	CLINICALS- Adenotonsillitis clinical features, investigations

DAY WEEK 35	08:30 11:30
MONDAY	Introduction to Respiratory Medicine & history taking
TUESDAY	Physical examination (General)
WEDNESDAY	Systemic examination of respiratory system
THURSDAY	Examination of other systems & Basics of Pulmonary function test
FRIDAY	PFT interpretation, Inspection, palpation, percussion, auscultation, Vitals measurement

DAY WEEK 36	08:30 11:30
MONDAY	X-ray interpretation
TUESDAY	Instruments - PEFR, Brochoscopy, nebuliser, inhalers, PFT with DLCO, pulse oximetry
WEDNESDAY	Oxygen delivery devices
THURSDAY	Airway diseases & NTP programme
FRIDAY	End of posting assessments





