

**Sri Muthukumaran Medical College Hospital and Research Institute**

**Chikkarayapuram, Near Mangadu, Chennai - 600069**







**Foundation Course Schedule - I MBBS (2021-2022 batch)**

<b>Date</b>	<b>Time</b>	<b>Topic</b>	<b>Faculty</b>	<b>Day Coordinator</b>
Mon	8.30am-9.30 am	Introduction to the medical profession & Inauguration (FC 1.1)	Dr. Kasinathan. B	Dr. Navya CN Dr. Srisanthakrishnan V
	9.30am-10.30am	Introduction to the Foundation Course & Overview of the MBBS curriculum - InteractiveDiscussion (FC 1.7)	Dr. Suzanne	
	10.30am-12.30pm	Introduction to Anatomy, Physiology, Biochemistry and Community Medicine & Introduction to faculty (FC 1.7)	Dr. Mahajan, Dr. Anandarajan, Dr. Mohanalakshmi, Dr. Rajendran	
	1.30 pm - 4.30 pm	Visit to the College (FC 1.5)	Facilitators	
Tue	08.30 am - 10.30 am	Career Pathways and opportunities - Panel discussion (FC 1.6)	Dr.Uganath Subash	Dr. Navya CN Dr. Srisanthakrishnan V
	10.30 am - 11.30 am	UGC guidelines on Anti-ragging & College rules and regulations (FC 1.4)	Dr. Durairajan	
	11.30 am - 12.30 pm	History of medicine (FC 1.10)	Resource Faculty	
	1.30 pm - 4.30 pm	Visit to the College (contd.) (FC 1.5)	Facilitators	
Wed	08.30 am - 10.30 am	Expectation of students from the nation and society (FC 1.3)	Dr. Jai Vinod Kumar	Dr. Navya CN Dr. Srisanthakrishnan V
	10.30 am - 11.30 am	Roles of an Indian Medical Graduate (FC 1.2)	Dr. Sumathi	
	11.30 am - 12.30pm	COVID precautions (FC 2.3)	Resource Faculty	
	1.30 pm - 4.30 pm	Visit to the Hospital (FC 1.5)	Facilitators	
Thu	08.30 am - 10.30 am	Role of Doctors in society & their impact - Interactive discussion, buzz groups & meet the Doctor (FC 1.1)	Dr. Raju	Dr. Navya CN Dr. Srisanthakrishnan V
	10.30 am - 11.30 am	Hand washing techniques (FC 2.5)	Dr. Nithyalakshmi	
	11.30 am-12.30 pm	Universal precautions (FC 2.3)	Dr. Jai Vinod kumar	
	1.30 pm - 4.30 pm	Visit to the Hospital (contd.) (FC 1.5)	Facilitators	
Fri	08.30 am - 9.30 am	Alternate systems of medicine (FC 1.10)	Resource Faculty	Dr. Navya CN Dr. Srisanthakrishnan V
	09.30 am - 10.30 am	National immunization program (FC 3-1, FC 3.2)	Dr. Kesudeen	
	10.30 am - 11.30 am	Health care system (FC 3-3)	Dr. A. K. Rajendran	
	11.30 am - 12.30 pm	National health priorities & policies (FC 3-1)	Resource Faculty	
	1.30 pm - 2.30 pm	Introduction by students (FC 6)	Facilitators	
	2.30 pm - 4.30 pm	Student Debate (FC 6)	Facilitators	
Sat	08.30 am - 9.30 am	Introduction to Communication Skills (FC 5.1)	Dr. Sumathi	Dr. Navya CN Dr. Srisanthakrishnan V
	09.30 am - 11.30 am	Introduction to Basic Life Support (FC 2.1)	Dr. Navya	
	11.30 am - 12.30 pm	White Coat ceremony& its significance (FC 4.2)	Dr. Muthukumar, Dr. Parvathavarthine	
	01.30 pm – 4.30 pm	Language Skills - Basic Communication Skills (FC 5.1)	Facilitators	
	11.30 am - 12.30 pm	Needle stick Injury (FC 2.6)	Dr. Nithyalakshmi	
	1.30 pm - 2.30 pm	Principles of primary health care (FC 3.3)	Dr. Kamini	
	2.30 pm - 4.30 pm	Talent show and Feedback (FC 6)	Facilitators	

Mon	08.30 am - 9.30 am	Stress Management - General (FC 4.7, FC 4.8)	Dr. T. V. Asokan	Dr. Srisanthakrishnan V, Mrs. Saritha
	09.30 am - 10.30 am	Stress Management - Specific (FC 4.7, FC 4.8)	Dr. Umesh	
	10.30 am - 11.30 pm	Time Management - General (FC 4.9)	Dr.V. U. Karthikeyan	
	11.30 am - 12.30 pm	Time Management - Specific (FC 4.9)	Dr. Anshul Ramesh	
	1.30 pm - 2.30 pm	Introduction to Communication Skills (FC 5.1)	Dr. Sumathi	
	2.30 pm - 3.30 pm	Introduction to Basic Life Support (FC 2.1)	Dr. Navya	
	3.30 pm - 4.30 pm	White Coat ceremony& its significance (FC 4.2)	Dr. Muthukumar Dr. Parvathavarthine	
Sun	09.30 am - 12.30 pm	Language Skills - Basic Communication Skills (FC 5.1)	Facilitators	Dr. Navya CN
Sat	3.30 pm - 5.30 pm	Sports & Extracurricular activities (FC 6)	Mr. Prabhu, Dr. Neeraja	
Sun	09.30 am - 12.30 pm	Language Skills - Basic Communication Skills (FC 5.1)	Facilitators	Dr. Navya CN
Sat	08.30 am - 12.30 am	Significance of documentation in patient care; Mock audit & discussion on patient records; Group activity on Documentation ( FC 2.9)	Dr. Jai Vinod kumar, Dr. Subash, Dr. Anand	Mr. Dinesh, Mrs. M. Anitha
	1.30 pm - 2.30 pm	Introduction to First Aid (FC 2.2)	Dr. Jai Vinod	
	2.30 pm - 3.30 pm	Introduction to Reflection - Interactive Discussion (FC 4.13)	Dr. Suzanne	
	3.30 pm - 4.30 pm	The role of Mentoring; Mentor-Mentee allotment (FC 4.11)	Dr. Kamini	
Sun	09.30 am - 12.30 pm	Language Skills - Local language training (FC 5.2)	Facilitators	Dr. Janaki
Sat	3.30 pm - 5.30 pm	Sports & Extracurricular activities (FC 6)	Mr. Prabhu, Dr. Neeraja	
Sun	09.30 am - 12.30 pm	Language Skills - Local language training (FC 5.2)	Facilitators	Dr. Janaki
Sat	08.30 am - 04.30 pm	Community Orientation Visit (FC 3-1 to FC 3.6) 1. National Health goals and policies/ health care systems / community health 2. Interactions with patients and families and communities	Dr. Rajendran, Department of Community Medicine	Dr.Srisanthanakrishnan V
Sun	09.30 am - 12.30 pm	Language Skills - Local language training (FC 5.2)	Facilitators	Dr. Janaki
Sat	3.30 pm - 5.30 pm	Sports & Extracurricular activities (FC 6)	Mr. Prabhu, Dr. Neeraja	
Sun	09.30 am - 12.30 pm	Video Demo on Universal precautions & Discussion (FC 2.3)	Facilitators	Dr. Navya CN
Sat	08.30 am - 04.30 pm	Community Orientation Visit (FC 3-1 to FC 3.6) 1. National Health goals and policies/ health care systems / community health 2. Interactions with patients and families and communities	Dr. Rajendran, Department of Community Medicine	Dr.Srisanthanakrishnan V
Sun	09.30 am - 12.30 pm	Video Demo on First Aid & Discussion (FC 2.2)	Facilitators	Dr. Navya CN
Sat	3.30 pm - 4.30 pm	Sports & Extracurricular activities (FC 6)	Mr. Prabhu, Dr. Neeraja	
Sun	09.30 am - 12.30 pm	Video Demo on BLS & Discussion (FC 2.1)	Facilitators	Dr. Navya CN
Sat	08.30 am - 12.30 pm	A Batch - Basic Life Support (FC 2.1)	Department of Anaesthesiology	Dr. Raju, Dr. Ramesh Raja, Ms. M. Saranya
		B Batch - First Aid (FC 2.2) (Demonstration/Discussion with videos & hands on training)	Dr. Jai Vinod kumar, Dr. Subash, Dr. Pradeep	

	1.30 pm - 4.30 pm	A Batch Universal Precautions (FC 2.3) Handwashing (FC 2.5) Needle stick injury Response (FC 2.6) B Batch Biomedical waste Segregation (FC 2.7) Handling & safe disposal of Biohazardous material (FC 2.4)- Interactive practical demonstration & lecture	Department of Microbiology	
Sun	09.30 am - 12.30 pm	Language Skills - Communicating & learning in English (FC 5.3)	Facilitators	Dr. Janaki
Sat	3.30 pm - 4.30 pm	Sports & Extracurricular activities (FC 6)	Mr. Prabhu, Dr. Neeraja	
Sun	09.30 am - 12.30 pm	Language Skills - Communicating & learning in English (FC 5.3)	Facilitators	Dr. Janaki
Sat	08.30 am - 12.30 pm	B Batch - Basic Life Support (FC 2.1)  A Batch - First Aid (FC 2.2) (Demonstration/Discussion with videos & hands on training)	Department of Anaesthesiology,  Dr. Jai Vinod kumar, Dr. Subash, Dr. Pradeep	Dr. Raju, Dr. Ramesh Raja, Ms Saranya
	1.30 pm - 4.30 pm	B Batch Universal Precautions (FC 2.3) Handwashing (FC 2.5) Needle stick injury Response (FC 2.6) A Batch Biomedical waste Segregation (FC 2.7) Handling & safe disposal of Biohazardous material (FC 2.4) -Interactive practical demonstration & lecture	Department of Microbiology	
Sun	09.30 am - 12.30 pm	Language Skills - Communicating & learning in English (FC 5.3)	Facilitators	Dr. Janaki
Sat	08.30 am - 9.30 am	Concept of Professionalism and ethics among health care professionals (FC 4.1)	Dr. Sukumar	Dr. Sivavadivel, Mr. Ramesh Bharathi
	09.30 am - 10.30 am	Altruism as a virtue of a Physician (FC 4.2)	Dr. Mahajan	
	10.30 am - 11.30 am	Professionalism and ethics - Case scenarios /videos depicting professional & unprofessional behaviour (FC 4.1)	Dr. Suzanne	
	11.30 am - 12.30 pm	Consequences of unprofessional and unethical behaviour - Group Activity using case vignettes/videos (FC 4.1)	Resource Faculty	
	1.30 pm - 2.30 pm	Altruism - Case discussion (FC 4.2)	Resource Faculty	
	2.30 pm - 3.30 pm	Understanding & respecting cultural diversities while interacting with those with different cultural values (FC 4.6)	Dr. Nithyalakshmi	
	3.30 pm - 4.30 pm	Cultural competence - Group activity (FC 4.6)	Dr. Nithyalakshmi	
Sun	09.30 am - 12.30 pm	Movie: Miss Ever's Boys & Discussion (FC 4.1)	Facilitators	Dr. Navya CN
Sat	3.30 pm - 5.30 pm	Sports & Extracurricular activities (FC 6)	Mr. Prabhu, Dr. Neeraja	
Sun	09.30 am - 12.30 pm	Movie: Gifted Hands & Discussion (FC 4.1)	Facilitators	Dr. Navya CN
Sat	08.30 am - 9.30 am	Working in a health care team - Introduction (FC 4.3, FC 4.4)	Dr. Jai Vinod kumar	Dr. Sivavadivel, Ms. Akila
	09.30 am - 10.30 am	Interpersonal relationship while working in a health care team (FC 4.10, FC 4.11)	Dr. Balamurugan	
	10.30 am - 12.30 am	Group Activity - Interpersonal relationship Role play (FC 4.10, FC 4.11)	Dr. Selvakumar	
	1.30 pm - 4.30 pm	Hospital visit - Multidisciplinary teams functioning (FC 4.3, FC 4.4, FC 4.10,4.11)	Dr.Navya, Dr. Jai Vinod kumar	
Sun	09.30 am - 12.30 pm	Language Skills - Communicating & learning in English (FC 5.3)	Facilitators	Dr. Janaki
Sat	3.30 pm - 5.30 pm	Sports & Extracurricular activities (FC 6)	Mr. Prabhu, Dr. Neeraja	
Sun	09.30 am - 12.30 pm	Computer Skills - Basics (FC 5.4)	Facilitators	Dr. Janaki

Sat	3.30 pm - 5.30 pm	Sports & Extracurricular activities (FC 6)	Mr. Prabhu, Dr. Neeraja	
Sun	09.30 am - 12.30 pm	Computer Skills - Basics of MS Word, ppt and Excel (FC 5.4)	Facilitators	Dr. Janaki
Sat	08.30 am - 9.30 am	Rights of Persons with Disabilities Act, 2016. (FC 4.5.4)	Dr. T. V. Asokan	Dr. Srisanthakrishnan V Mrs Savitha
	09.30 am - 10.30 am	Group activity on Disability etiquettes: Standardized patient with disability and other case studies (FC 4.5.3)	Dr. Subash & Department of Orthopaedics	
	10.30 am - 12.30 pm	Learning pedagogy and its role in learning skills; Activity: Learning Styles & Approaches (FC 4.13)	Dr. Suzanne	
	1.30 pm - 2.30 pm	Group learning and group dynamics (FC 4.12)	Dr. Parvathavarthini	
	2.30 pm - 3.30 pm	Different methods of Self Directed Learning (FC 4.14)	Dr. Balamurugan	
	3.30 pm - 5.30 pm	Collaborative learning (FC 4.15)	Dr. Santhanakrishnan	
Sun	09.30 am - 12.30 pm	Computer Skills - Basics of LMS & Google sites (FC 5.4)	Facilitators	Dr. Janaki
Sat	3.30 pm - 5.30 pm	Sports & Extracurricular activities (FC 6)	Mr. Prabhu, Dr. Neeraja	
Sun	09.30 am - 12.30 pm	Computer Skills - Basics of Literature search, use of PubMed and search engines (FC 5.4)	Facilitators	Dr. Janaki
Sat	08.30 am - 9.30 am	Disability Competencies under the five roles of the Indian Medical Graduate (FC 4.5.1, 4.5.2)	Dr. Subash & Department of Orthopaedics	Mr. Dinesh, Ms Deepthi
	09.30 am - 10.30 am	SGD - Use of Empathy & non-discrimination while communicating with people with disabilities: Clinical patient encounter /video (FC 4.5.5, FC 4.5.6)	Dr. Subash & Department of Orthopaedics	
	10.30 am - 11.30 am	SGD - Accessible healthcare setting for patients with disabilities: Functioning of NGO/accessible disability unit (FC 4.5.7)	Dr. Subash & Department of Orthopaedics	
	11.30 am - 12.30 pm	Pandemic Management Module (Foundation Course Module) - History of Outbreaks, Epidemics & Pandemics	Departments of Community Medicine & Microbiology	
	1.30 pm - 2.30 pm	Pandemic Management Module (Foundation Course Module) - History of Outbreaks, Epidemics & Pandemics (contd.)	Departments of Community Medicine & Microbiology	
	2.30 pm - 4.30 pm	Self-reflection paper on social inclusion by raising awareness of the human rights of persons with disabilities (FC 4.5.8)	Dr. Indira, Dr. Arun Jayakumar	
Sun	09.30 am - 12.30 pm	Computer Skills - Accessing online resources (FC 5.5)	Facilitators	Dr. Janaki
Sat	3.30 pm - 5.30 pm	Sports & Extracurricular activities (FC 6)	Mr. Prabhu, Dr. Neeraja	
Sat	8.30 am - 10.30 am	Debriefing, Feedback & Wrap up of the Foundation Course	MEU	Dr. Srisanthakrishnan V, Dr. Navya, Ms Saranya
	10.30am to 12.30 pm	Pandemic Management Module 1.1 Infection Control Practices - Part I	Department of Microbiology	
	1.30pm to 04.30 pm	Pandemic Management Module 1.1 Infection Control Practices - Part I	Department of Microbiology	

Key:  = Orientation (FC 1)  = Skills (FC 2)  = Community Visit (FC 3)  = Professional Development (FC 4)  
 = Language & Computer Skills (FC 5)  = Sports & Extracurricular Activities (FC 6)

MEU Coordinator : Dr. Suzanne Maria D'cruz

Foundation Course Coordinator: Dr. SriSanthanaKrishnan. V, Foundation Course Co-coordinator: Dr. Navya

C.N.Day Coordinators: Faculty from various departments by rotation

Observers: MEU members by rotation

Roles and responsibility of the Day Coordinators: To coordinate with the resource persons and send reminders about their sessions to them on the previous day; to ensure that sessions begin and end on schedule; to take attendance; to ensure that Student Feedback is obtained and Session Evaluation is done.

Students should record their reflections in their Foundation Course log book and submit it to the Foundation Course Coordinator.

The Foundation Course Coordinator and Co-Coordinator will ensure smooth conduct of the foundation course; collect all duly completed Foundation Course log books, compile Student Feedback and Session Evaluation reports along with a detailed report; and maintain the Foundation Course Attendance Register.